Live Carb Smart® 5 Seed Bread





UPC: 071314049719

Net Weight: 14oz (0lbs 14oz) 397g

Specifications

Count:
14 (12+2) / 14 oz.

Dimensions:
8" L x 4" W x 4" H

Availability:
Monday, Thursday, Saturday

Five, count 'em, FIVE-seed bread—and it's keto-friendly. Pumpkin, sunflower, flax, sesame and chia seeds are naturally delicious, and kind on your waistline.

No high fructose corn syrup

Zero grams of trans fats

Pareve

Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN†, YEAST, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS LESS THAN 2% OF INULIN†, BROWN FLAX SEEDS†, GOLDEN FLAX SEEDS†, HULLED SESAME SEEDS, BLACK SESAME SEEDS, SUNFLOWER SEED KERNELS†, SOYBEAN OIL, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), WHEAT STARCH, ASCORBIC ACID, NATAMYCIN (A PRESERVATIVE), SESAME. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

Nutrition Facts

14 Servings per container

Serving size	**1 slice (28g)**
Amount per serving	
Calories	**35**
	% of Daily Value*
Total Fat 1g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	**0%**
Sodium 110mg	**5%**
Total Carbohydrate 11g	**4%**
Dietary Fiber 9g	**32%**
Soluble Fiber 0g	
Insoluble Fiber 9g	
Total Sugar 0g	
Includes 0g Added Sugars	
Protein 3g	
Vitamin D 0mcg	**0%**
Calcium 30mg	**2%**
Iron 0.4mg	**2%**
Potassium 50mg	**2%**

0 71314 04971 9