



## Live Carb Smart® 5 Seed Bread

UPC: 071314049719

Net Weight: 14oz (0lbs 14oz)  
397g

**Count:**  
14 (12+2) / 14 oz.

**Dimensions:**  
8" L x 4" W x 4" H

Five, count 'em, FIVE-seed bread—  
and it's keto-friendly. Pumpkin,  
sunflower, flax, sesame and chia  
seeds are naturally delicious, and  
kind on your waistline.



No high  
fructose corn  
syrup



Zero grams of  
trans fats



Pareve

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN†, YEAST, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS LESS THAN 2% OF INULIN†, BROWN FLAX SEEDS†, GOLDEN FLAX SEEDS†, HULLED SESAME SEEDS, BLACK SESAME SEEDS, SUNFLOWER SEED KERNELS†, SOYBEAN OIL, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), WHEAT STARCH, ASCORBIC ACID, NATAMYCIN (A PRESERVATIVE), SESAME. †adds a trivial amount of sugar

**Contains wheat and sesame ingredients.**



### Nutrition Facts

14 Servings per container

Serving size

1 slice (28g)

Amount per serving

**Calories**

**35**

% of Daily Value\*

Total Fat 1g

1%

Saturated Fat 0g

0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg

0%

Sodium 110mg

5%

Total Carbohydrate 11g

4%

Dietary Fiber 9g

32%

Soluble Fiber 0g

Insoluble Fiber 9g

Total Sugar 0g

Protein 3g

Vitamin D

0%

Calcium

2%

Iron

2%

Potassium 50mg

2%

Product Code	4971
Kosher Text	Kosher Pareve
MATNR	00000000000004971
Version	4971-0324-AM
OEG Method 1	0.00
OEG Method 2	0.00
Sodium For 100g Of Product	393
Net Weight As Seen On Package	14oz (0lbs 14oz) 397g
Net Weight Oz	14
Net Weight Pounds	0lbs 14oz
Net Weight Grams	397
Product Length	8
Product Width	4
Product Height	4
Count Per Package	14 (12+2)
Product Topping	NONE
Gross Weight Pounds	0.875
Case Dimensions	8.000x4.000x4.000 IN
Cube	0.074
Case UPC	71314049719