



Live Carb Smart® Cinnamon Swirl Bread



UPC: 071314049788

Net Weight: 14oz (0lbs 14oz)
397g

Specifications

Count:
14 / 14 oz.

Dimensions:
8" L x 4" W x 4" H

Availability:
Tuesday, Saturday

A denser bread, swirled with a ribbon of sweet cinnamon—and just 4g net carbs per slice. Every keto-friendly morning deserves something cocka-doodle-licious!



No high fructose corn syrup



Zero grams of trans fats

Ingredients

WATER, RESISTANT WHEAT STARCH, WHEAT GLUTEN, WHEAT PROTEIN ISOLATE, SUGAR, OAT FIBER, YEAST, CORN CEREAL, CINNAMON, CONTAINS 2% OR LESS OF SOYBEAN OIL, INULIN, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), NATURAL FLAVOR, CARAMEL COLOR, WHEAT STARCH, GUAR GUM, XANTHAN GUM, POTASSIUM CHLORIDE, ASCORBIC ACID, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], NATAMYCIN (A PRESERVATIVE), SESAME.

Contains wheat and sesame ingredients.

Nutrition Facts

14 Servings per container

Serving size 1 slices (28g)

Amount per serving

Calories 35

| | % of Daily Value* |
|-------------------------------|-------------------|
| Total Fat 0.5g | 1% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Polyunsaturated Fat 0g | |
| Monounsaturated Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 105mg | 5% |
| Total Carbohydrate 13g | 5% |
| Dietary Fiber 9g | 32% |
| Soluble Fiber 0g | |
| Insoluble Fiber 9g | |
| Total Sugar 2g | |
| Includes 2g Added Sugars | |
| Protein 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 30mg | 2% |
| Iron 0.3mg | 2% |
| Potassium 40mg | 0% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

