Live Carb Smart® Hawaiian Dinner Rolls





UPC: 071314049801

Net Weight: 14oz (0lbs 14oz) 397g

Specifications

Count:
12 / 14 oz.

Dimensions:
11.5" L x 8.25" W x 2.5" H

Availability:
Tuesday

Sweet, fluffy and perfect for pulled pork and grilled pineapple or any other exotic treat—with just 3g net carbs* per serving. Keto-friendly. Hula-worthy.*What are Net Carbs? Net Carb(s) = Total Carbohydrate - Dietary Fiber

No high fructose corn syrup

Zero grams of trans fats

Pareve

Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN, YEAST, WHEAT PROTEIN ISOLATE, SUGAR, HONEY, OAT FIBER, INULIN, CONTAINS 2% OR LESS OF SOYBEAN OIL, ALLULOSE, CULTURED WHEAT FLOUR, SALT, VINEGAR, MEDIUM CHAIN TRIGLYCERIDES, NATURAL FLAVORS, YELLOW CORN FLOUR, ANNATTO EXTRACT AND TURMERIC ADDED FOR COLOR, POTASSIUM CHLORIDE, GUAR GUM, WHEAT FLOUR, ASCORBIC ACID, DEXTROSE, CITRIC ACID, NATAMYCIN (A PRESERVATIVE), SESAME FLOUR.

Contains wheat and sesame ingredients.

Nutrition Facts

12 Servings per container

Serving size	**1 roll (33g)**
Amount per serving	
Calories	**45**
	% of Daily Value*
Total Fat 1g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	**0%**
Sodium 150mg	**7%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 11g	**39%**
Soluble Fiber 0g	
Insoluble Fiber 10g	
Total Sugar 2g	
Includes 2g Added Sugars	
Protein 4g	
Vitamin D 0mcg	**0%**
Calcium 40mg	**4%**
Iron 0.4mg	**2%**
Potassium 50mg	**2%**

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