



## Live Carb Smart® Sourdough Bread



UPC: 071314049689

Net Weight: 14oz (0lbs 14oz)  
397g

### Specifications

**Count:**  
14 (12+2) / 14 oz.

**Dimensions:**  
8" L x 4" W x 4" H

**Availability:**  
Monday, Thursday

Deliciously soft bread with a nice sourdough punch—and just 3g net carbs\* per serving. Talk about a guilt-free treat.\*What are Net Carbs? Net Carb(s) = Total Carbohydrate - Dietary Fiber



No high fructose corn syrup



Zero grams of trans fats



Pareve

### Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN†, YEAST, FERMENTED WHEAT FLOUR, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS 2% OR LESS OF INULIN†, SOYBEAN OIL, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, WHEAT STARCH, SORBIC ACID (A PRESERVATIVE), DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, NATAMYCIN (A PRESERVATIVE), SESAME FLOUR. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

### Nutrition Facts

14 Servings per container

Serving size 1 slice (28g)

Amount per serving

**Calories 35**

|                               | % of Daily Value* |
|-------------------------------|-------------------|
| <b>Total Fat 1g</b>           | <b>1%</b>         |
| Saturated Fat 0g              | 0%                |
| Trans Fat 0g                  |                   |
| Polyunsaturated Fat 0g        |                   |
| Monounsaturated Fat 0g        |                   |
| <b>Cholesterol 0mg</b>        | <b>0%</b>         |
| <b>Sodium 110mg</b>           | <b>5%</b>         |
| <b>Total Carbohydrate 12g</b> | <b>4%</b>         |
| Dietary Fiber 9g              | 32%               |
| Soluble Fiber 0g              |                   |
| Insoluble Fiber 9g            |                   |
| Total Sugar 0g                |                   |
| Includes 0g Added Sugars      |                   |
| <b>Protein 4g</b>             |                   |
| Vitamin D 0mcg                | 0%                |
| Calcium 20mg                  | 2%                |
| Iron 0.4mg                    | 2%                |
| Potassium 50mg                | 2%                |



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