Live Carb Smart® Sourdough Bread





UPC: 071314049689

Net Weight: 14oz (0lbs 14oz) 397g

Specifications

Count:
14 (12+2) / 14 oz.

Dimensions:
8" L x 4" W x 4" H

Availability:
Monday, Thursday

Deliciously soft bread with a nice sourdough punch—and just 3g net carbs* per serving. Talk about a guilt-free treat.*What are Net Carbs? Net Carb(s) = Total Carbohydrate - Dietary Fiber

No high fructose corn syrup

Zero grams of trans fats

Pareve

Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN†, YEAST, FERMENTED WHEAT FLOUR, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS 2% OR LESS OF INULIN†, SOYBEAN OIL, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, WHEAT STARCH, SORBIC ACID (A PRESERVATIVE), DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, NATAMYCIN (A PRESERVATIVE), SESAME FLOUR. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

Nutrition Facts

14 Servings per container

Serving size	**1 slice (28g)**
Amount per serving	
Calories	**35**
	% of Daily Value*
Total Fat 1g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	**0%**
Sodium 110mg	**5%**
Total Carbohydrate 12g	**4%**
Dietary Fiber 9g	**32%**
Soluble Fiber 0g	
Insoluble Fiber 9g	
Total Sugar 0g	
Includes 0g Added Sugars	
Protein 4g	
Vitamin D 0mcg	**0%**
Calcium 20mg	**2%**
Iron 0.4mg	**2%**
Potassium 50mg	**2%**

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