



Live Carb Smart® Sourdough Bread



UPC: 071314049689

Net Weight: 14oz (0lbs 14oz)
397g

Specifications

Count:
14 (12+2) / 14 oz.

Dimensions:
8" L x 4" W x 4" H

Availability:
Monday, Thursday, Saturday

Deliciously soft bread with a nice sourdough punch—and just 3g net carbs* per serving. Talk about a guilt-free treat.*What are Net Carbs? Net Carb(s) = Total Carbohydrate - Dietary Fiber



No high
fructose corn
syrup



Zero grams of
trans fats



Pareve

Ingredients

RESISTANT WHEAT STARCH, WATER, WHEAT GLUTEN†, YEAST, FERMENTED WHEAT FLOUR, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS 2% OR LESS OF INULIN†, SOYBEAN OIL, VINEGAR, SALT, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, WHEAT STARCH, SORBIC ACID (A PRESERVATIVE), DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, NATAMYCIN (A PRESERVATIVE), SESAME FLOUR. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

Nutrition Facts

14 Servings per container

Serving size

1 slice (28g)

Amount per serving

Calories

35

% of Daily Value*

Total Fat 1g

1%

Saturated Fat 0g

0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg

0%

Sodium 110mg

5%

Total Carbohydrate 12g

4%

Dietary Fiber 9g

32%

Soluble Fiber 0g

Insoluble Fiber 9g

Total Sugar 0g

Includes 0g Added Sugars

Protein 4g

Vitamin D 0mcg

0%

Calcium 20mg

2%

Iron 0.4mg

2%

Potassium 50mg

2%



0 71314 04968 9