



## Live Carb Smart® Wheat Bread



UPC: 071314049702

Net Weight: 14oz (0lbs 14oz)  
397g

### Specifications

**Count:**  
14 (12+2) / 14 oz.

**Dimensions:**  
8" L x 4" W x 4" H

**Availability:**  
Monday, Thursday, Saturday

Hearty wheat flavor with just 2g net carbs per slice for an “OMG, I love this bread” experience that rivals the “real breads” carb addicts like to brag about.



No high  
fructose corn  
syrup



Zero grams of  
trans fats



Pareve

### Ingredients

WATER, RESISTANT WHEAT STARCH, WHEAT GLUTEN†, YEAST, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS 2% OR LESS OF INULIN†, WHEAT BRAN, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), WHEAT STARCH, DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, NATAMYCIN (A PRESERVATIVE), SESAME. †adds a trivial amount of sugar

**Contains wheat and sesame ingredients.**

### Nutrition Facts

14 Servings per container

Serving size 1 slice (28g)

Amount per serving

**Calories 30**

	% of Daily Value*
<b>Total Fat 0.5g</b>	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 110mg</b>	<b>5%</b>
<b>Total Carbohydrate 11g</b>	<b>4%</b>
Dietary Fiber 9g	<b>32%</b>
Soluble Fiber 0g	
Insoluble Fiber 9g	
Total Sugar 0g	
Includes 0g Added Sugars	
<b>Protein 3g</b>	
Vitamin D 0mcg	<b>0%</b>
Calcium 20mg	<b>2%</b>
Iron 0.4mg	<b>2%</b>
Potassium 50mg	<b>2%</b>

