





Live Carb Smart® Wheat Bread



UPC: 071314049702

Net Weight: 14oz (Olbs 14oz) 397g

Specifications

Count:

14 (12+2) / 14 oz.

Dimensions:

8" L x 4" W x 4" H

Availability:

Monday, Thursday, Saturday

Hearty wheat flavor with just 2g net cabs per slice for an "OMG, I love this bread" experience that rivals the "real breads" carb addicts like to brag about.







Pareve

Ingredients

WATER, RESISTANT WHEAT STARCH, WHEAT GLUTEN†, YEAST, WHEAT PROTEIN ISOLATE†, ALLULOSE, OAT FIBER†, CONTAINS 2% OR LESS OF INULIN†, WHEAT BRAN, SOYBEAN OIL, SALT, VINEGAR, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, GUAR GUM, ASCORBIC ACID, SORBIC ACID (A PRESERVATIVE), SOYBEAN OIL (HYDROGENATED), WHEAT STARCH, DEXTROSE†, CORN STARCH, NATURAL FLAVOR†, NATAMYCIN (A PRESERVATIVE), SESAME. †adds a trivial amount of sugar

Contains wheat and sesame ingredients.

Nutrition Facts

14 Servings per container

Serving size 1 slice (28g)

Amount per serving

Calories 30

% of Daily Value*

0%

32%

Total Fat 0.5g 1%

Saturated Fat 0g Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

 Cholesterol 0mg
 0%

 Sodium 110mg
 5%

 Total Carbohydrate 11g
 4%

Dietary Fiber 9g
Soluble Fiber 0g
Insoluble Fiber 9g

Total Sugar 0g

Includes 0g Added Sugars

Protein 3g

 Vitamin D 0mcg
 0%

 Calcium 20mg
 2%

 Iron 0.4mg
 2%

 Potassium 50mg
 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

